



# e-Source Newsletter

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### In this issue:

- Chapter Highlights
- Upcoming Events
- Monthly Focus: Weapon Safety
- Question of the Month
- Beth's Blog
- YABer Yak
- Prevention Resources
- Funding/Contest Opportunities

## Chapter Highlights:

### *Elise Wolff Elementary School Henderson, NV*

The Elise Wolff Elementary School SAVE Chapter has been busy conducting many SAVE awareness activities and service projects in their community. This photo depicts some of their chapter's members after counting some of the donations for one of their service projects. They collected high-protein canned goods, toothbrushes/pastes, and deodorants for a local food bank. These items will serve thousands of neighbors in their community each week.



### *Cuyahoga Valley Career Center Brecksville, OH*

Cuyahoga Valley Career Center is implementing a new SAVE Chapter at their school this year as an Allstate Teen Safe Driving grant recipient. They are recruiting members, performing outreach, and conducting awareness activities in their community. Utilizing Allstate Teen Safe Driving materials and SAVE materials, they will educate and empower teens with Teen Safe Driving skills and youth violence prevention strategies. Activities will include monthly meetings, service projects in their community, a youth safety contest, and creating a Teen Safe Driving Video. They will also conduct additional activities during National Youth Violence Prevention Week and National Youth Traffic Safety month.



### *Walter M. Williams High School Burlington, NC*

During America's Safe Schools week, Walter M. Williams High School SAVE Chapter members decorated the school and school bulletin boards with SAVE posters and other SAVE materials. As an Allstate Teen Safe Driving grant recipient, the chapter also encouraged students to take a Pledge to Combat Distracted Driving, and save lives by signing the "Great Hang Up" pledge through WFMV News 2. They volunteered at Smith Elementary School's Fall Festival where they helped out with various activities and had their own table where they provided goody bags and brochures to the youngsters and told them what SAVE is all about. Other activities planned for the 2010-2011 school year include creating a Safe Driving video and distributing Safe Driving brochures.



## Upcoming Events:

DATE	EVENT	MORE INFO
November 8-14	Drowsy Driving Prevention Week	<a href="http://drowsydriving.org/">http://drowsydriving.org/</a>
November 8-14	National Drug Facts Week	<a href="http://drugfactsweek.drugabuse.gov/index.php">http://drugfactsweek.drugabuse.gov/index.php</a>
November 9	Mix It Up at Lunch Day	<a href="http://www.tolerance.org/mix-it-up/how-to-participate?newsletter=TT091410">http://www.tolerance.org/mix-it-up/how-to-participate?newsletter=TT091410</a>
November 14-20	National Hunger & Homelessness Awareness Week	<a href="http://www.nationalhomeless.org/projects/awareness/index.html">www.nationalhomeless.org/projects/awareness/index.html</a>
November 15-28	Thanksgiving Holiday Travel Buckle Up Campaign	<a href="http://www.nhtsa.gov/Driving+Safety/Occupant+Protection">http://www.nhtsa.gov/Driving+Safety/Occupant+Protection</a>
November 29-January 3	Holiday Season 2010 Impaired Driving Prevention Campaign	<a href="http://www.nhtsa.gov/Driving+Safety/Impaired+Driving">http://www.nhtsa.gov/Driving+Safety/Impaired+Driving</a>
December	National Drunk & Drugged Driving Prevention Month	<a href="http://www.cdc.gov/motorvehiclesafety/impaired_driving/3d.html">http://www.cdc.gov/motorvehiclesafety/impaired_driving/3d.html</a>
February 14-16	1 <sup>st</sup> Annual National Conference on Bullying, Sponsored by the School Safety Advocacy Council in partnership with the Florida Assoc. of School Resource Officers & SAVE	<a href="http://www.nationalsave.org/main/nationalbullyingconference.php">http://www.nationalsave.org/main/nationalbullyingconference.php</a>

## Monthly Focus: **Weapon Safety**

In 2008, 18 percent of students in grades 9-12 reported they had carried a weapon anywhere in the past 30 days, while 6 percent reported they had carried a weapon on school property (Indicators of School Crime and Safety, Bureau of Justice Statistics, 2009). Many weapons, not just firearms, are discovered on school campuses every year. Do students at your school know what is considered a weapon? Each state has a specific definition of what is considered a weapon and what the consequences are for bringing a weapon on campus. November is a great time to remind students of your school's weapon policies and the consequences for bringing weapons on campus.

For suggested activities and downloads, visit:

<http://www.nationalsave.org/main/novembertheme.php>

For additional information on upcoming monthly topics, visit:

<http://www.nationalsave.org/main/calendar>.

## SAVE Question of the Month:

Please share the SAVE Question of the Month with your SAVE members. The Youth Voices section of the forum is a place for students to ask questions and get responses from SAVE members across the country.

**November QoM:** *"Do students at your school know what is considered a weapon? How does your SAVE Chapter share your school's weapon policies?"*

*\$100  
SAVE Store  
gift certificate  
WINNER  
announced!*

Please send your responses to: [forum@nationalsave.org](mailto:forum@nationalsave.org).

Check out: <http://www.nationalsave.org/forum/index.php> to see your response posted!

**October GoM drawing winners: Belmont Middle School, Belmont, NC!**



## **Beth's Blog: 2010 SAVE Advisor of the Year - Beth Scheirer, Laney High School (NC)**

In November, it is a tradition for Americans to focus on giving thanks. As an optimistic, glass half-full type of person, I find myself recently watching the news and being disturbed by the doom and gloom in this world. The economic situation is saddening while natural disasters and violent acts throughout our world seem to be taking the lives of innocents at alarming rates. It is a normal reaction to question: "What is there to be thankful for this year?"

As a wise person once shared with me, in spite of these tragedies and misfortunes, there are a few things in life that every person – regardless of circumstance or station – can be thankful for always. The first is **life**. If you woke up this morning, you can be thankful because there are many others around the globe that did not. The second thing to be thankful for is **beauty**. Whether you find beauty in a painting, a natural landscape, a person, or something imagined, everyone can be thankful that beauty exists. The third is **love**. Puppy love, hard-core crushes, true love, motherly or fatherly love, unconditional love...at some point, each of us has had some experience with this grand emotion, and for this, we can be thankful. Fourth, we can all be thankful for **people**. Yes, there are some we may not be thankful for at a given moment or times when we cannot understand the actions of another. Still all of us have special people in our lives that have influenced us in profound ways. The last thing this wise person reminds us to be thankful for is **small blessings**. This could be something as simple as finding a quarter in the hallway or someone opening the door for you when you have your hands full. This could also be having a fight-free week, month, or school year or establishing weapons-free policies and practices that increase the safety of your school and community.

Even in the tough times, make sure to be thankful for life, beauty, love, people, and small blessings. What can your SAVE chapter do to instill the characteristic of thankfulness in others? How does spreading a feeling of thankfulness also increase safety in your school and community? Feel free to contact me with questions, comments, and topics for future articles at: [beth.scheirer@nhcs.net](mailto:beth.scheirer@nhcs.net), 910-350-2089 ext. 439.

## **YABer Yak: National Youth Advisory Board Member – Carl Miles, E.A. Laney High School (NC)**

Weapon Safety is a major issue in schools of all grades and for students of all ages. There are many things SAVE members can do to help reduce the potential hazards related to having weapons on campus. Older SAVE members can teach elementary kids the dangers of weapons and what is classified as a weapon in their state. We can also increase weapon safety by seeing if schools in our communities would be willing to take students to the local police station to hear officers talk weapon safety. Finally, SAVE members can also make an impact about weapon safety by sponsoring a fundraiser to get a metal detector to be used at school for games against rival schools or other events.

## **Prevention Resources:**

### **National Drug Facts Week – November 8 - 14, 2010**

National Drug Facts Week (NDFW) is a health observance week for teens. The goal of NDFW is to shatter the myths about drugs and drug abuse. NDFW encourages community based events that give teens a physical or virtual space to ask questions about drugs and get factual answers from a scientific expert. NDFW is an initiative of the National Institute on Drug Abuse (NIDA), which supports most of the world's research on the health aspects of drug abuse and addiction.





Find out more at the National Institute on Drug Abuse (NIDA)'s website:  
<http://drugfactsweek.drugabuse.gov/index.php>

### **Follow NIDA's Chat Day Event Online – November 9, 2010, 8am – 6pm EST**

On November 9th, NIDA will hold its annual Drug Facts Chat Day from 8 am to 6 pm EST. Since 2008, NIDA scientists have a Web chat with thousands of teens who ask questions about drugs. Every year teens ask many more questions than the scientists can answer, so registration is limited.

Chances are they will be talking about something that interests you—so check it out at: <http://www.drugabuse.gov/chat/>

### **Mix It Up at Lunch Day – November 9, 2010**

If you haven't signed up for Mix It Up at Lunch Day yet, there's no time to waste. Add your school to the Mix It Up map now by visiting the link below. You'll be joining thousands of other schools across the country as they help students cross social barriers and shake up cliques. National Mix It Up at Lunch Day will take place Nov. 9—next Tuesday.

Add your school to the Mix It Up map: <http://newsletter.tolerance.org/cgi-bin4/DM/t/nBcdv0TNOZZ0Ekk0Gbc0E7>

### **Breaking Down the Walls of Intolerance**

This is a lesson designed to prepare students for Mix It Up at Lunch Day. Students will discuss how bullying and other acts of bias help build walls of intolerance. The activity shows students how to tear down those walls and unite as a student body.

See the featured lesson here:

<http://newsletter.tolerance.org/cgi-bin4/DM/t/nBcdv0TNOZZ0Ekk0Gbd0E8>

### **Youth Perception Violence Prevention Strategies**

Student's voices are invaluable to increase efforts and effectiveness of programs. The Youth Voice Project is the first known large-scale research project that solicits *student's perceptions* about strategy effectiveness to reduce peer mistreatment in our schools....The goal of this project is to compile a body of knowledge describing the most helpful interventions in order to help adults and youth reduce bullying and harassment in their own schools.

Check out Penn State's Study:

<http://www.youthvoiceproject.com/YVPMarch2010.pdf>

### **Bullying.org**

Bullying.org's purpose is to prevent bullying in our society through education and awareness. This site provides educational programs and resources to individuals, families, educational institutions and organizations, and offers a variety of online learning and educational resources in order to help people deal effectively and positively with the act of bullying and its long lasting negative consequences.

Visit the site for more information: <http://www.bullying.org/>

### **Exploring the Nature and Prevention of Bullying**

The Department of Education has an online web course entitled "Exploring the Nature and Prevention of Bullying" for educators and administrators. The course examines state-of-the-art research, policies, and practices from the field to assist schools and others working to prevent bullying in developing well-informed programs, policies, and practices that deal with all elements of the problem - the bullies, the victims, the bystanders, parents, teachers and other faculty, the school climate, and the community.

You can find the online lessons here:

<http://www2.ed.gov/admins/lead/safety/training/bullying/bullying.html>

### **Stop Bullying Now!**

The Department of Health and Human Services has a website for youth to learn about and join the "Stop Bullying Now!" campaign. The website features sections that explain bullying, webisodes of bullying situations, and interactive games.

Visit the site for more information: <http://www.stopbullyingnow.hrsa.gov/kids/>

### **PBS Kids It's My Life**

PBS Kids, "It's My Life" Page is a youth-friendly website that explains to young users what it means to be a bully, the different kinds of bullying and how to spot bullies. At "It's My Life," young people can read informative articles, share your stories, play games and activities, take quizzes and polls, watch video clips of other kids talking about their feelings and experiences, get advice from older kids and experts, and contribute your own comments and questions. It's My Life also features interviews with celebrities about stuff they had to go through when they were kids.

Visit the site for more information: <http://pbskids.org/itsmylife/friends/bullies/>

### **National Center for Bullying Prevention**

PACER's National Center for Bullying Prevention unites, engages, and educates communities nationwide to address bullying through creative, relevant, and interactive resources. The site offers links to two programs for teens and kids, Teens Against Bullying which is a site developed by teens and for teens to share their stories and support each other, and Kids Against Bullying which is designed for elementary school students to learn about bullying prevention and be inspired to take action.

Visit Teens Against Bullying: <http://www.pacerteensagainstbullying.org/>

Visit Kids Against Bullying: <http://www.kidsagainstbullying.org/>

### **American Bully**

A global report has been released on the economical impact of bullying.

To view the report, visit: <http://www.bbc.co.uk/news/world-us-canada-11618079>

### **Start Strong: Building Healthy Teen Relationships**

Start Strong is the largest initiative ever funded to target 11- to- 14-year-olds and rally entire communities to promote healthy relationships as the way to prevent teen dating violence and abuse.

Read more: <http://www.startstrongteens.org/about>

### **Teen Dating Violence Workshop**

Dating violence can happen to any teen, anytime, anywhere. But it doesn't have to happen at all. Learn how to prevent teen dating violence and promote healthy relationships with the Center for Disease Control and Prevention's new online course, "Dating Matters: Understanding Teen Dating Violence Prevention."

For more information, visit: <http://www.cdc.gov/features/datingviolence/>

### **Friends Don't Let Friends Drive Drugged**

A survey conducted during 2008 concluded that over 10 million youth ages 12 and older have reported driving while under the influence of illicit drugs.

Visit the site for more information:

<http://www.whitehousedrugpolicy.gov/druggeddriving/>

### **Drowsy Driving as Dangerous as Impaired Driving**

Sleepiness-related car crashes are responsible for over 1,500 deaths per year. The crashes are most prevalent for teens and young adults because they do not get as much sleep as other age groups.

For more information, visit: <http://drowsydriving.org/>

### **Under YOUR Influence**

National Organizations for Youth Safety (NOYS) and the National Highway Traffic Safety Administration (NHTSA) are excited to announce a new Web site entirely focused on helping parents teach their teens to drive safely – Under YOUR Influence!

Check out the website for more information: <http://www.underyourinfluence.org/>

### **Safe Teen Driving: New Resources from CDC**

Learning to drive is often considered a rite of passage for teenagers. But with the reward of being a new driver comes real risk. Car crashes are the leading cause of death for teens in the United States, taking the lives of eight teens a day. CDC's Injury Center is committed to preventing these crashes. They are releasing a new

study, a communications campaign for parents of teen drivers, and an at-a-glance policy issue brief to focus attention on teen driver safety and the proven steps that can help save young drivers' lives.

Drivers aged 16 or 17 years involved in fatal crashes United States, 2004–2008:  
[http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5941a2.htm?s\\_cid=mm5941a2\\_w](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5941a2.htm?s_cid=mm5941a2_w)

Parents Are the Key: A CDC Campaign:  
<http://www.cdc.gov/parentsarethekey/>

Policy Impact: Safe Teen Driving:  
<http://www.cdc.gov/motorvehiclesafety/teenbrief/>

Teen Drivers: More CDC Resources:  
[http://www.cdc.gov/motorvehiclesafety/teen\\_drivers/index.html](http://www.cdc.gov/motorvehiclesafety/teen_drivers/index.html)

Snap...



...to win!

**WINNERS  
announced!**



National Association  
of Students Against  
Violence Everywhere

322 Chapanoke  
Rd Suite 110  
Raleigh, NC  
27603

Phone:  
919-661-7800

Fax:  
919-661-7777

Email:  
[info@  
nationalsave.org](mailto:info@nationalsave.org)

We're on the Web!  
[www.nationalsave.org](http://www.nationalsave.org)



## Funding/Contest Opportunities:

### Allstate Foundation Grants

Thanks to a partnership with The Allstate Foundation, SAVE is conducting special activities and events focusing on Teen Safe Driving in the 2010-2011 school year for selected high schools in most areas of the country. If you are aware of schools interested in receiving grant funds, please contact the SAVE office.



### National SAVE Day Photo Contest **WINNERS announced!**

In October's e-Source Newsletter, we asked you to capture your SAVE Chapter in action on National SAVE Day. We were looking for pictures that emulated the spirit of National SAVE Day. We want to say a special thanks to all of you who submitted entries....Tough choices as you all emulate the spirit of National SAVE Day well, and winner or not, we always appreciate everything that you do as a Chapter in your schools and communities!

And the winners are (drum roll please...):

- **3<sup>rd</sup> place:** *Ira High School, Ira, TX*
- **2<sup>nd</sup> place:** *San Jose State University, San Jose, CA*
- **1<sup>st</sup> place:** *Mukwonago High School, Mukwonago, WI*

Congratulations to you all!

Photos will be shared on the National SAVE website and Facebook page. Prizes for SAVE Store gift certificates will be awarded: *3<sup>rd</sup> place:* \$25; *2<sup>nd</sup> place:* \$50; and *1<sup>st</sup> place:* \$100.

### WaysToHelp.org Grants (Deadline: Ongoing)

WaysToHelp.org invites teens in the United States to apply for grants to fund their community service ideas across any one of 16 issue areas. You can apply for a grant by visiting [www.waystohelp.org](http://www.waystohelp.org) and for any issue area, selecting "See Ways To Help" followed by "Apply for a Grant." Applications are short - just 5,000 words or less - and should summarize: how the project will involve others, who it will help, what effect it's expected to have, when it will start, and how the funds will be used. Grant requests are reviewed and responded to on a monthly basis.

### Nickelodeon - The Big Help (Deadline: 12/31/10)

The purpose of the Nickelodeon Big Help awards is to award grants to schools and community organizations that support projects that inspire kids to take care of the environment, lead active and healthy lives, engage in community service, or improve their educational experience.

For more information and to apply for this funding, visit:  
<http://prosocial.nick.com/grant-application/>