



# e-Source Newsletter

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## Chapter Highlights:

### San Jose State University SAVE Chapter (CA)

The SJSU SAVE Chapter has reached over 4,000 campus and community members this year! They have provided prevention materials on the topic of relationship violence to attendees of three performances of monologues dealing with the issue. They also supported a Safe/Green Halloween for families and provided a resource table at Neighborhood Night Out. The SAVE Chapter has distributed information at county wide resource fairs and conducted implementation workshops on campus and at the San Jose Family Shelter. The SAVE Chapter presented at two academic conferences and will publish an upcoming article in Sexual Assault Reports. Way to go San Jose!



### In this issue:

- Chapter Highlights
- Upcoming Events
- Monthly Focus – Relationship Violence Prevention
- New Store Item!
- Question of the Month
- YABer Yak
- Moser's Moments
- Prevention Resources
- Funding/Contest Opportunities

### Laney High School, Wilmington, NC

Thanks to sponsorship from the **Allstate Foundation**, the Laney High SAVE Chapter has worked to spread awareness of teen safe driving issues. During America's Safe Schools Week, they held a National SAVE Day Teen Safe Driving Event in the parking lot where we surveyed 190 drivers. They determined that only 39% of those surveyed got 8 or more hours of sleep per night. Also, only 28% of them never use their cell phone while driving, only 16% drive without passengers in their car, and 85% always wear their seat belts. From this information, they are creating public service announcements and flyers that will be used school wide. They will conduct a post-survey in the spring. This will come after they focus on Teen Driver Safety activities including the campaigns to promote adequate sleep, no cell phone usage while driving, and decreasing distractions by limiting the number of passengers in the car. They are making plans to have a mock crash around prom time to get more people involved in making smart decisions about safe driving. Keep up the great work Laney!



## Upcoming Events:

### NOW ACCEPTING NOMINATIONS FOR: SAVE ANNUAL AWARDS

Every year we ask our SAVE Chapters to nominate a SAVE member, advisor and/or chapter who has made a difference in their school or community. Awards are bestowed in the categories of SAVE Chapter, Advisor and Student of the Year and recipients receive a certificate and letter of recognition. Award nominations are due to National SAVE May 1, 2010. Annual award recipients will be announced on May 17, 2010. Nomination forms: <http://www.nationalsave.org/main/spotlight.php>

### Rachel's Challenge (June 23-26, 2010)

The first Rachel's Challenge educators' Summit will be held June 23-26 at the Denver Marriott Tech Center. The Summit is the result of requests from teachers and administrators after their schools hosted the Rachel's Challenge assembly and training programs. Rachel's Challenge originated from the Columbine High School shootings in 1999. The program's objectives are inspire, equip and empower every person to create a permanent positive cultural change by starting a chain reaction of

kindness and compassion. Educators and community leaders are invited to attend. Visit [www.rachelschallengesummit.org](http://www.rachelschallengesummit.org) for complete program and registration information.

## Monthly Focus: Relationship Violence Prevention

SAVE members can strive to prevent relationship violence by educating the public about warning signs, consequences and proactive steps to safeguard possible victims. By focusing on this important topic for the month and approaching the program from three angles: crime prevention, conflict management, and service projects, SAVE members can help thwart this growing area of violence. Relationship violence can cover many areas including dating violence, child abuse, sibling abuse, domestic violence, and interpersonal violence (e.g. between friends). With April being National Child Abuse Prevention Month, relationship violence prevention is a perfect topic to address in your school community. For suggested activities and downloads, visit <http://www.nationalsave.org/main/april.php>

## New Store Item: SAVE Honor Cords!

Brand new in the SAVE Store – SAVE Honor Cords! The perfect way to recognize your SAVE graduates, these purple & orange woven honor cords are 60" long with tassels. Item # 153, \$8 each. <http://www.nationalsave.org/order/honorcord.php>



## Question of the Month:

*April is the start of Prom activities. How is your SAVE chapter promoting healthy and safe activities for Prom goers? Are you addressing healthy relationships, alcohol and drug free activities? How are you encouraging Teen Safe Driving before and after Prom?*

## YABer YAK: Hannah Froh, Chandler High School (OK)

*Relationship Violence.* One misconception that almost all teens have is that violence is only physical, but this is not true. Violence can be verbal, from a computer or text message, or physical. Teens need to be aware of different signs that their friends may give them that they are in a violent relationship. Signs can include: calls or texts that come in consistently, the friend secluding themselves and not hanging out as much, bruises, when they answer the phone they walk away turning the volume down so it is not heard, depression, cuts, change in friends. These are just a few of the signs. One of the best things for the SAVE groups to do is become a support group and a refuge for those who may be victims. Groups can start an anonymous help line for students to call in and ask for advice. SAVE members also need to learn all the signs and how to spot them. Whether the violence is in the home, in a relationship, or a friendship, they are all bad and can have devastating effects.



## Moser's Moments

April showers bring May flowers. I believe that this old saying means that in order to get pretty flowers for the summer, some preparation must be applied prior to that date. In this case its rain water. The same thing could be said about getting the funds (and support) you need for next year's activities in your schools SAVE Chapter. That is, start preparing for next year this year. One thing that you could consider is asking your school principal to include financial support for your chapter in the next year's school budget by submitting a written budget request during these last days of the current school year. Principals usually receive funds over the summer months and begin the task of allocating those funds. Let your needs be known to your principal. Your budget request could include a statement of why your chapter is so very important to the mission of the school. Also include the number of students that actively participate in the program. Don't forget that most schools improvement plans include a section for school safety. I am sure that your chapter contributes to that program. How much money (funds) should you ask for? Well that depends on the level of activity that your chapter conducts over the school year. Whatever that is you should at least ask for the cost of registering your chapter with National SAVE (\$100). Do you and your other SAVE advisors get comp time for your afterschool work with students in your SAVE Chapter? You should. And you should ask your principal to support you in that area as you work with students to provide a safe climate for the entire school. If you do not ask, I am sure that you will not get it. Money is tight everywhere. And it is spent mostly on very important things. What can be more important to a school than the safety of the children in that school? April showers bring May flowers. Work hard today to ensure you and your school's SAVE Chapter is ready for next year. ~ **Mike Moser, SAVE Advisor of the Year**





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### **ING - Unsung Heroes Program Grant** (Deadline: April 30, 2010)

The ING Unsung Heroes program annually provides grants to K-12 educators utilizing new teaching methods and techniques that improve learning. The program looks for techniques and methods that are innovative, creative, and that positively influence students. <http://www.ing-usa.com/us/aboutING/CorporateCitizenship/Education/INGUnsungHeroes/index.htm>

### **Gloria Barron Prize for Young Heroes** (Deadline: April 30, 2010)

The Gloria Barron Prize for Young Heroes honors outstanding young leaders who have made a significant positive difference to people and our planet. Their leadership and courage make them true heroes—and inspirations to us all. The Barron Prize honors twenty-five winners nationwide. Half of the winners have focused on helping their communities and fellow beings; half have focused on protecting the health and sustainability of the environment. <http://www.barronprize.org/>

### **YOUTH-Turn It Around Award Available** (Deadline: May 31, 2010)

Make a difference through National Youth Traffic Safety Month this May! Fact: Car crashes are the number one cause of death among teens. Too many of us have lost someone we knew and cared about because of risky teen driving and unsafe choices. YOU can make a difference. YOU can help stop the epidemic of teen traffic crash-related deaths and serious injuries. YOU can turn it around! YOUTH-Turn, an online tool available through National Organizations for Youth Safety (NOYS) and sponsored by the National Highway Traffic Safety Administration (NHTSA), is a resource totally focused on helping teens turn the adversity of a traffic crash into a time for education and change to prevent similar tragedies from happening to someone else. YOUTH-Turn helps youth do just that. The tool provides teens with the information, tips, and resources to turn adversity into action. Brand new to YOUTH-Turn is an opportunity to share your work with NOYS for a chance to receive \$2,500 for a project or event that focuses on turning the tragedy of a youth crash into education that promotes action. Tell us how you and your community have worked to create change for safer teen driving and apply for the YOUTH-Turn It Around award! <http://docs.google.com/Doc?docid=0Aa2-72usIekdZGQ3ZjlnZHRfMTZjeHptcWN0cA&hl=en>

### **50 Best Awards Available** (Deadline: May 31, 2010)

May is National Youth Traffic Safety Month because it is an important time for youth to be focused on driving safety. To support youth-led National Youth Traffic Safety Month projects, The Allstate Foundation is awarding \$1,000 to 50 local youth organizations for their youth-developed and implemented projects that demonstrate a strong focus geared towards youth traffic safety with a focus on distracted driving prevention. With prom, graduation, and summer trips just ahead, youth-led teams can work together with The Allstate Foundation and National Organizations for Youth Safety to decrease the number of traffic-related deaths and injuries that involve young drivers and passengers. <http://noys.org/docs/50%20Best%20Rules.pdf>

### **Teaching Tolerance Grants** (Deadline: Ongoing)

The Teaching Tolerance Grants Program, administered by the Southern Poverty Law Center, offers grants to pre-K-12 educators for projects designed to reduce prejudice among youth, improve intergroup relations in schools and/or support educator professional development in these areas. Proposals from community organizations and houses of worship will be considered on the basis of direct student impact. Projects funded by Teaching Tolerance tend to be focused on character/moral education, conflict resolution, multiculturalism, community service, and other aspects of tolerance education. Requests may be submitted throughout the year. <http://www.tolerance.org/teach/grants/guide.jsp>

### **Kinder Morgan Foundation - Youth Program Grants** (Deadline: 10<sup>th</sup> of Every Other Month)

The Kinder Morgan Foundation is aimed at providing youth the opportunity to learn and grow by supporting nonprofit youth programs that focus on education, the arts and the environment. Awards are typically between \$1,000 and \$5,000 and the program must serve a community where Kinder Morgan has operations. All organizations must have 501 (c) (3) status. Please contact the Kinder Morgan Foundation for more information and to apply for this funding: <http://www.kindermorgan.com/community/>