



# e-Source Newsletter

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## Chapter Highlights:

### North Chicago High School SAVE Chapter, IL

The North Chicago High School SAVE Chapter has participated in many anti-violence and safety activities this school year. Included in these activities was participation in the North Chicago Community Day in 2009 and the distribution of Allstate brochures which detailed tips for students (especially seniors) in the event you are stopped by the police while driving. As part of the spring activities for Teen Driving Safety, North Chicago will collaborate with the local Allstate Agent and the county coroner in our efforts to show juniors and seniors the dangers of unsafe driving prior to and following the prom - one of the most dangerous times of the year for teenage drivers.



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### Montbello High School, CO

Montbello High School in Denver, CO is one of the Allstate grant recipients in the West Central region of the US. The SAVE Chapter kicked off the school year in August with a Back to School Safety night. National SAVE Day and America's Safe School Week were marked with a peace pledge and "We Are All One" posters. In November the grant award ceremony was held during the "X the Text" campaign which was hosted by The Allstate Foundation and attended by Allstate Foundation Coordinator, Nicole Alley. During the holidays the chapter raised money for a local women's shelter.



Upcoming events for the Montbello SAVE Chapter include observing National Youth Violence Prevention Week in March with an awareness campaign at the school and promoting teen safe driving in May.

## Upcoming Events:

### National Youth Violence Prevention Week (March 22-26, 2010)

<http://www.nationalsave.org/main/YVPC.php>

The National Association of Students Against Violence Everywhere (**SAVE**) is proud to be a founding partner, along with the Guidance Group, of the National Youth Violence Prevention Campaign. The goal of this campaign is to raise awareness and to educate students, teachers, school administrators, counselors, school resource officers, school staff, parents, and the public on effective ways to prevent or reduce youth violence. This weeklong national education initiative will involve activities that demonstrate the positive role young people can have in making their school and community safer. The campaign website, [www.nyvpw.org](http://www.nyvpw.org), serves as the crossroads

to the campaign and provides countless resources to prepare for the event, including the official campaign Action Kit that serves as a step-by-step planning guide, suggestions for how each sector of the community can support the campaign, activity ideas, links to over 40 national organizations sponsoring the event, articles and interviews on violence prevention, and much, much more!

### **Monthly Focus: Don't Be a Character... Have Good Character Traits!**

All is fair in LOVE and SAVE! February, the month for love, is the perfect time to show your good character! What are some positive character traits that you admire in others? In this month especially, try to demonstrate good character traits. Be a positive role model for those around you so they can learn good traits as well. Pick out a person in your life that demonstrates good traits and shadow that person for a day. Visit the SAVE website for activity ideas and a list of good character traits.

### **National Teen Dating Violence Awareness and Prevention Month (February)**

On January 28, 2010, Associate Attorney General Tom Perrelli joined Senators Mike Crapo (ID), Sheldon Whitehouse (RI), and Joseph Lieberman (CT) to announce the United States Senate's unanimous passage of Senate Resolution 373, which designates February 2010 as "National Teen Dating Violence Awareness and Prevention Month."

"For the first time, this crime is being commemorated as 'National Teen Dating Violence Awareness and Prevention Month,' instead of a week. This is no small feat," Associate Attorney General Perrelli declared in his remarks. "The Department [of Justice] will use the month of February to raise awareness regarding teen dating violence and to provide opportunities for schools and communities to protect young people." National Teen Dating Violence Awareness and Prevention Month Resources:

- [www.nationalsave.org](http://www.nationalsave.org) - Contact SAVE for a copy of the Teen Dating Violence lesson plan.
- [www.loveisrespect.org](http://www.loveisrespect.org)
- [www.chooserrespect.org](http://www.chooserrespect.org)
- [www.stopdateviolence.org/dvam.htm](http://www.stopdateviolence.org/dvam.htm)

### **Question of the Month:**

***February is National Teen Dating Violence Awareness and Prevention Month, how does your SAVE Chapter help to prevent Teen Dating Violence?***

### **Moser's Moments**

One of the neat things about being in SAVE is that alternative activities for student participation are constantly popping up. One of these activities is being a volunteer in the school and community. Encourage your chapter members to give their time helping others. Not only does it serve as an alternate activity but it also serves as a way to build character and value with your chapter members. In fact, former President Bush and now President Obama both encourage Americans to volunteer to serve at least 3,000 hours over their lifetime in their community. There are many opportunities to volunteer in the school. For example, a student could volunteer to help teachers in the afternoons preparing their rooms for the next school day, relocate library books and other materials in the media centers, help in the school office, help the PTA, or perhaps volunteer as a peer tutor with special education students. In the local community there is also ample opportunity to volunteer. Help is always needed at the YMCA, with the scouting program, at the parks and recreation of your city, and with the elderly, homeless, or disabled persons within your community. Recently, while I was volunteering to work with a local church, I observed a student from my school who also volunteered to work. The task for her was to help prepare breakfast for children of parents who participated in a Christmas store shopping event for homeless persons. I was so amazed to see this young person giving her time through this volunteer opportunity. She was in fact serving children her own age but who were not as fortunate as she was. I am really proud to know that young person and am confident that she went away with a huge sense of accomplishment. It is a wonderful thing to give of yourself through volunteering.

- Mike Moser, SAVE Advisor of the Year





## **YABer YAK: Kalynn Kowitz, Wilmot High School, WI**

February is known, to most, as a month of love, and with Valentine's Day around the corner, it only seems right to talk about character! Everyone judges how you act - you do it every day when you look at how people act around you! You decide a teacher is your favorite because they have similar philosophies to you or a friend becomes your best friend because they have a trait that you find appealing in a friend. It is something that we as humans just do and it helps us decide whether someone is safe to be around or not.

If a person were a contract, character would be that fine print that everyone tries to pay attention to and, if you do, it will tell you everything you need to know. Paying attention is a way to stay safe in our world today and it helps to ensure that you live safely, so it is always good to pay close attention when meeting someone new!

Some things that chapters can do to build character are activities, such as walk for the life of a child or a relay for life. These not only raise money for a good cause but also bring your chapter into the spotlight for a chance of positive media. After an event like this, members of your chapter should feel good about themselves and through higher self-esteem gain good character.

## **Prevention Resources:**

### **2010 National Crime Victims Rights Week Resource Guide**

The National Center for Victims of Crime is proud to present the 2010 National Crime Victims Rights Week Resource Guide (NCVRW), prepared in partnership with the Office for Victims of Crime (OVC), Office of Justice Programs, U.S. Department of Justice. The 2010 NCVRW Resource Guide includes a wealth of ideas and tools to help your community plan an exceptional National Crime Victims Rights Week.

This year's theme-Crime Victims Rights: Fairness. Dignity. Respect.-captures the ideals that inspired the victims rights movement. Only a few decades ago, shocking numbers of crime victims experienced unfairness, indignities, and disrespect. Yet years of work by victims and advocates led to thousands of statutes and 32 state constitutional amendments that establish victims rights. Every year, we celebrate that progress and commit ourselves to ensuring that all victims know about and can exercise these rights.

The National Center for Victims of Crime is pleased to announce that the 2010 National Crime Victims Rights Week Resource Guide is available for download on the National Centers Web site. Visit [www.ncvc.org/2010NCVRW](http://www.ncvc.org/2010NCVRW) to check out the great resources available to help you and your organization commemorate 2010 National Crime Victims Rights Week.

### **National Survey Indicates One in Four Girls Aged 12-17 Were Involved in Serious Fights or Attacks in the Past Year**

A report by the Substance Abuse and Mental Health Services Administration (SAMHSA) indicates that, in the past year, one quarter (26.7 percent) of adolescent girls were involved in a serious fight at school or work, group-against-group fight, or an attack on others with the intent to inflict serious harm, putting them at greater risk of alcohol and other drug use. <http://www.cadca.org/resources/detail/national-survey-indicates-one-four-girls-aged-12-17-were-involved-serious-fights-or>

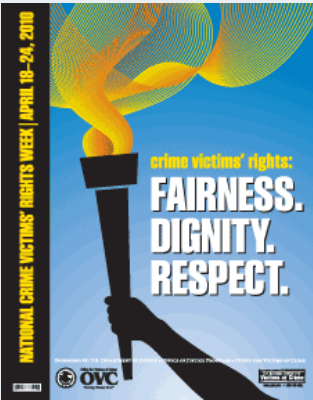
## **Funding/Contest Opportunities:**

### **Allstate Foundation Grants**

Thanks to a partnership with The Allstate Foundation, SAVE is conducting special activities and events in the following areas of the country: Southeast Region, North Central Region, Midwest Region, Southwest Region, West Central Region, New Jersey, Texas and California (San Diego). Special opportunities for high schools in Grand Junction, CO; Wichita, KS; St. Louis, MO; Springfield, MO; Kansas City, MO; Omaha, NE; and Lincoln, NE are also available. If you are aware of schools interested in receiving grant funds in these areas, please contact the SAVE office.

### **Get Ur Good On Grants** (Deadline: February 22, 2010)

Miley Cyrus is partnering with Youth Service America (YSA) to create Get Ur Good On ([www.GetUrGoodOn.org](http://www.GetUrGoodOn.org)), a social network that brings together youth to support each other in their mission to do "good" in their communities. Available to children and youth around the world, YSA's Get Ur Good On Grants will award 100 \$500 grants to projects addressing important community needs such as poverty, education, and environmental sustainability. [www.ysa.org](http://www.ysa.org)



### **Huggable Heroes Award & Scholarship (Deadline: February 26)**

Do you know a young leader between the ages of eight and 18 who is making a difference in his or her community or around the world? Now through February 26, Build-A-Bear Workshop is accepting entries for its seventh annual Huggable Heroes® program, which recognizes everyday young people who go to extraordinary lengths to make life better for others. Ten Huggable Heroes from the United States and Canada will be selected and each will be awarded with a \$7,500 educational scholarship and \$2,500 in the form of a donation to the 501 (c)(3) charity of his/her choice, as well as a celebration trip to St. Louis in July. Entry forms are available at all Build-A-Bear Workshop stores in the United States, Puerto Rico and Canada, and online entries are being accepted at [www.buildabear.com/huggableheroes](http://www.buildabear.com/huggableheroes)

### **Pepsi Refresh Project**

Pepsi is looking for people, businesses, and non-profits with ideas that will have a positive impact. Look around your community and think about how you want to change it. Pepsi is accepting 1000 ideas every month. Applications will be accepted from the 1st through the 15th, or until we receive 1,000 ideas, whichever comes first. The February application period has closed, but you can begin preparing to submit beginning March 1. [www.refresheverything.com/myidea/idea](http://www.refresheverything.com/myidea/idea)

### **Do Something Awards (Deadline: March 1)**

Could you use \$100,000 to change the world? The Do Something Awards celebrate young people 25 and under who are tackling a problem and changing the world. Five nominees will be rewarded with a \$10,000 community grant, participation in a live VH1 TV show, media coverage and continued support from DoSomething.org. The grand prize winner will receive \$100,000 during the live broadcast! Application closes March 1st, 2010. Apply or nominate someone today at [www.DoSomething.org/awards](http://www.DoSomething.org/awards)

### **ACT OUT LOUD! Enter to win up to \$10,000 (Deadline: March 1, 2010)**

It's time to raise your voice against distracted driving in your community! Join the 2010 Act Out Loud contest! Create an Act Out Loud team at your school and a great traffic safety project to give your team the opportunity to win a cool video camera and up to \$10,000 sponsored by The Allstate Foundation!

[www.actoutloud.org](http://www.actoutloud.org)

- The first 200 teams to enter will receive \$200 to help get their project started.
- The Top 20 teams will have the opportunity to nominate their principal as the "Most Supportive Principal" to win a \$5,000 award for their school's traffic safety efforts.
- The Top 20 teams will have an opportunity to nominate their team's adult adviser to win the "Adviser in the Most Supportive Role" award and win a \$5,000 cash prize.
- The national organization that has the most entries will win \$10,000 to support their national conference.

### **Participate in the Ad Council's Teen Dating Violence Prevention THAT'S NOT COOL 'My Callout Card' Contest (Deadline March 15, 2010)**

The Ad Council, Family Violence Prevention Fund, and the Office on Violence Against Women are sponsoring a contest as part of their national Teen Dating Violence Prevention campaign, in partnership with the NFLPA. The goal of the campaign is to prevent teen dating abuse by helping teens acknowledge that controlling behavior online or by cell phone can be forms of abuse. The contest asks students to let us know where they draw their digital line by creating original callout cards.

[www.thatsnotcool.com/contest](http://www.thatsnotcool.com/contest)





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### Second Annual Keep the Drive High School Journalism Awards (Deadline: March 20, 2010)

Use your journalism skills to make a difference and create awareness about the No. 1 killer of teens. The Allstate Foundation is sponsoring the second annual **Keep the Drive High School Journalism Awards** to encourage teens to educate their peers about the dangers of texting while driving. This year, the Keep the Drive Journalism Awards wants teens to **specifically address the dangers of texting while driving**. All stories and news segments must incorporate this topic and include the Web site [www.KeeptheDrive.com](http://www.KeeptheDrive.com). KeeptheDrive.com is a great resource for your peers to learn more about texting while driving, and how to be a great driver. Award entries will be accepted from November 5, 2009, through March 20, 2010. <http://www.keepthedrive.com/HSJ.aspx>

### ING - Unsung Heroes Program Grant (Deadline: April 30, 2010)

The ING Unsung Heroes program annually provides grants to K-12 educators utilizing new teaching methods and techniques that improve learning. The program looks for techniques and methods that are innovative, creative, and that positively influence students. <http://www.ing-usa.com/us/aboutING/CorporateCitizenship/Education/INGUnsungHeroes/index.htm>

### Gloria Barron Prize for Young Heroes (Deadline: April 30, 2010)

The Gloria Barron Prize for Young Heroes honors outstanding young leaders who have made a significant positive difference to people and our planet. Their leadership and courage make them true heroes—and inspirations to us all. Each year, the Barron Prize honors twenty-five winners nationwide. Half of the winners have focused on helping their communities and fellow beings; half have focused on protecting the health and sustainability of the environment. <http://www.barronprize.org/>

### Teaching Tolerance Grants (Deadline: Ongoing)

The Teaching Tolerance Grants Program, administered by the Southern Poverty Law Center, offers grants to pre-K-12 educators for projects designed to reduce prejudice among youth, improve intergroup relations in schools and/or support educator professional development in these areas. Proposals from community organizations and houses of worship will be considered on the basis of direct student impact. Projects funded by Teaching Tolerance tend to be focused on character/moral education, conflict resolution, multiculturalism, community service, and other aspects of tolerance education. Requests may be submitted throughout the year. <http://www.tolerance.org/teach/grants/guide.jsp>

### Kinder Morgan Foundation - Youth Program Grants (Deadline: 10<sup>th</sup> of Every Other Month)

The Kinder Morgan Foundation is aimed at providing youth the opportunity to learn and grow by supporting nonprofit youth programs that focus on education, the arts and the environment. Awards are typically between \$1,000 and \$5,000 and the program must serve a community where Kinder Morgan has operations. All organizations must have 501 (c) (3) status. Please contact the Kinder Morgan Foundation for more information and to apply for this funding: <http://www.kindermorgan.com/community/>

### Disney Parks Hopes to Inspire 1 Million Volunteers Beginning January 1, 2010

Disney Parks has announced a new program that celebrates the spirit of volunteer service with a simple proposition: "Give a Day, Get a Disney Day." Disney hopes to inspire families to volunteer in their communities during 2010 through this first of its kind program. One million people who perform volunteer service for a participating organization will receive a free one-day admission ticket to a Walt Disney World Resort or Disneyland Resort theme park. While the "Give a Day, Get a Disney Day" program kicks off Jan. 1, right now guests can learn more about the program and how to get their free one-day admission to a Walt Disney World or Disneyland theme park by visiting [www.DisneyParks.com](http://www.DisneyParks.com)