



# e-Source Newsletter

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## Chapter Spotlight:

### *Wellington High School, KA*

Wellington High School in Wellington, Kansas is one of the new SAVE Chapters participating in the Allstate grant program. The chapter will be working with the Kansas program SAFE (Seatbelts Are For Everyone) in an effort to increase seatbelt use. Other plans for the 2010-11 school year include teaming up with SADD for a mock crash activity, and promoting a "Protect Our House" motto which protects students against fights, theft and bullying.

## Upcoming Events:

DATE	EVENT	MORE INFO
September 14-16	National Center for Victims of Crime 2010 National Conference	<a href="http://www.ncvc.org/ncvc/main.aspx?dbID=DB_2005NationalConference571">http://www.ncvc.org/ncvc/main.aspx?dbID=DB_2005NationalConference571</a>
October 18-22	America's Safe Schools Week	<a href="http://www.nationalsave.org/main/safe%20schools%20week.php">http://www.nationalsave.org/main/safe%20schools%20week.php</a>
October 20	National SAVE Day	<a href="http://www.nationalsave.org/main/SAVEDay.php">http://www.nationalsave.org/main/SAVEDay.php</a>
October 22	SAVE Rock-A-Thon	<a href="http://www.nationalsave.org/main/rockathon.php">http://www.nationalsave.org/main/rockathon.php</a>
September 19-25	Child Passenger Safety Week	<a href="http://www.nhtsa.gov/Safety/CPS">http://www.nhtsa.gov/Safety/CPS</a>
September 25	CPS Week National Seat Check Saturday	<a href="http://www.nhtsa.gov/cps/cpsfittin g/index.cfm">http://www.nhtsa.gov/cps/cpsfittin g/index.cfm</a>
September 25, 10am-2pm local time	National Prescription Drug Take-back Campaign	<a href="http://www.getsmartaboutdrugs.com/">http://www.getsmartaboutdrugs.com/</a>
October	National Bullying Prevention Month	<a href="http://uspolitics.einnews.com/article.php?nid=907354">http://uspolitics.einnews.com/article.php?nid=907354</a>
October 25-31	Halloween Impaired Driving Prevention Campaign	<a href="http://www.stopimpaireddriving.org/planners/Halloween2010/">http://www.stopimpaireddriving.org/planners/Halloween2010/</a>
November 15-28	Thanksgiving Holiday Travel	<a href="http://www.nhtsa.gov/">http://www.nhtsa.gov/</a>

## Monthly Focus: Speaking Out - Communication

In September, SAVE chapters really get rolling. It takes good communication to get the word out about your chapter and the great things you are doing. Have kickoff meetings, membership drives, and start planning projects and fund-raisers for the year. This is the time when most chapters elect their officers for the year and begin publicizing SAVE and all of the great activities that will lie ahead. Start contacting resource people in your school or community (i.e. counselors, SROs, violence prevention specialists, etc.) that can help enhance your meetings or serve as speakers. You may also contact businesses or civic groups about becoming possible sponsors for your planned events. Get together with other schools in your area to

begin planning joint projects for the year. Middle and high school chapters may want to contact feeder schools to set up presentations for younger students who may be interested in joining SAVE.

For suggested activities and downloads, visit:  
<http://www.nationalsave.org/main/septembertheme.php>.

For additional information on upcoming monthly topics, visit:  
<http://www.nationalsave.org/main/calendar>.

### SAVE Question of the Month:

Please share the SAVE Question of the Month with your SAVE members. The Youth Voices section of the forum is a place for students to ask questions and get responses from SAVE members across the country.

**September QoM:** *"What are some ways that your SAVE chapter makes meetings fun, exciting, and informational? How do you promote them to your peers/potential members?"*

Please send your responses to: [forum@nationalsave.org](mailto:forum@nationalsave.org).

Check out: <http://www.nationalsave.org/forum/index.php> to see your response posted!

### Beth's Blog: 2010 SAVE Advisor of the Year - Beth Scheirer, Laney High School (NC)

Were you there? I wasn't. Many times I have imagined the scene unfolding at a party one Friday night around 20 years ago. I don't know all the details, but I know two bits of communication that night which spoke loud and clear, without words being spoken at all. The first: a gun was pulled. What does this action say without words? *I'm NOT willing to work this out. I want to harm you. Power. Danger.* The other: Alex, trying to stop things, and in the end giving his life. What does this action say without words? *I object. I believe I can make a difference. VIOLENCE IS NOT THE ANSWER.*

The SAVE focus for September is Speaking Out: Communication. What is communication, really? Of course speaking and listening, but do we not also communicate through our actions day in and day out? Continually, I try to share with our SAVE members that it is not only what we say that matters or even how we communicate most effectively with others. Our actions speak louder than words in most cases, just as Alex's actions did to inspire all of us to strive for peace.

At this time of year, our chapters across the nation are working hard to spread the word and share the message of SAVE. We are trying to recruit new members and build networks throughout our communities focused on ensuring safety and decreasing the potential for violence. I know for many of the young people I work with, their passion about this topic is so strong that it is hard at times to take a step back, slow down, and really think about the message they want to send. As you go out in your communities and even throughout your schools, please think about this segment from Calvin and Hobbes:

*Calvin:* Sometimes when I'm talking, my words can't keep up with my thoughts. I wonder why we think faster than we speak.

*Hobbes:* Probably so we can think twice.

~Bill Watterson, *Calvin & Hobbes*

I am not sure Alex had time to think twice about what he was doing that Friday night. There are times when it isn't possible and our excitement or the necessity of the situation causes us to react on impulse. We can prepare ourselves for these moments by making it a habit to communicate peace, a passion for violence prevention, and an interest in changing things for the better. If you do this, you will undoubtedly communicate that you are an amazing individual. Others will see this, will trust you, and will follow you because they will know you *do* make a difference and you can help them make a difference as well.





Feel free to contact me with questions, comments, and topics for future articles throughout the year at: [beth.scheirer@nhcs.net](mailto:beth.scheirer@nhcs.net), 910-350-2089 ext. 439.

## **YABer Yak: National Youth Advisory Board Member - Dinh Doan, Thomas Jefferson High School (CO)**

It's the beginning of a new school year, so it's time for SAVE chapters to get things started once again! SAVE is about spreading the knowledge about violence prevention and student safety. Good communication and speaking out in your school will get the word out about your chapter and what your chapter is doing. Start the school year having kick-off meetings to plan for events, service projects, and fundraising projects for the rest of the year. If your chapter needs more members, start having recruitment drives and announcements about when your SAVE chapter meets. Getting the word out about your SAVE chapter will help your chapter receive support from your school, thus allowing your chapter to hold more successful events in making your schools and community a better place.

## **Back to School Backpacks: \$5**

SAVE drawstring backpacks are in stock and make a great door prize for your first SAVE meetings of the school year. Only \$5 each. Order them at: <http://www.nationalsave.org/order/backpack.php>.



## **Prevention Resources:**

### **Student Victimization in U.S. Schools**

The report provides findings on student reports of the presence of gangs and weapons and the availability of drugs at school, student reports of bullying and cyberbullying, and fear and avoidance behaviors of crime victims and non-victims at school. Visit this site to download the PDF of the findings: <http://nces.ed.gov/pubsearch/pubsinfo.asp?pubid=2010319>.

### **Bullying and School Climate**

66% of students in school feel unsafe due to the possibilities of bullying. Schools and organizations are on a mission to change the school climate. School climate refers to the unique character of school life as perceived by students, parents/families, administrators, teachers and school staff. As simple as that sounds, no common definition exists and ways for measurement are not agreed upon. Solid evidence from national research and school-wide practices has shown that students will learn more and be physically and emotionally healthier when nurtured in positive social climates. Read more: <http://stopbullyingnow.hrsa.gov/adults/school-climate.aspx>.

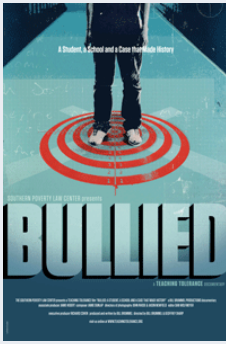
### **US Department of Education Gathers Leaders for the First-Ever Summit on Bullying**

The US Department of Education has launched a new campaign to combat bullying in schools. The Department coincided the Summit with the launch of their new website, [www.bullyinginfo.org](http://www.bullyinginfo.org), a centralized location where state and local agencies can find resources on anti-bullying educational materials and connect with the Office of Civil Rights, the entity responsible for investigating allegations of bullying. The website contains useful information for parents, teachers, administrators, caregivers, and other professionals that work with youth on identifying and stopping bullying. The Department has also made available a variety of studies and current statistics on the bullying problem, as well as a map of anti-bullying programs and resources searchable by zip code. Footage from the Summit can be found at C-Span's website: <http://www.broadbandc-span.org/>.

Find additional bullying & service-learning resources at the National Service-Learning Clearinghouse's bullying page: [www.servicelearning.org/taxonomy/area-service-bullying](http://www.servicelearning.org/taxonomy/area-service-bullying).

### **Announcing a New Teaching Tolerance Film**

Our nation's policy-makers are finally paying attention to the problem of bullying. But even with increased attention, we know that gay and lesbian students continue



to face harassment and abuse. Nine out of 10 lesbian, gay, bisexual or transgender (LGBT) students report having been bullied at school. They are four times more likely to attempt suicide than their peers. And they're seven times more likely to miss a day of school because they feel unsafe. That's why Teaching Tolerance decided to take aim at the scourge of anti-gay bullying in their new film, *Bullied: A Student, a School and a Case that Made History*.

The film kit, including the 40-minute movie on DVD and a Viewer's Guide, will be ready to ship in mid-September. You can reserve a copy now to ensure that you'll have it in time for National Bullying Prevention Month in October.

For more information and a link to order your school's free copy, visit:

<http://www.tolerance.org/bullied?newsletter=TT081910>

### Responding to Sexting

The Youth Online Safety Working Group recently released recommendations to help education and legal professionals prevent and manage the rising number of sexting incidences. The group comprises representatives from the federal government, law enforcement, education, legal entities, and other public and private organizations, including the National Center for Missing & Exploited Children (NCMEC). NCMEC is supported by OJP's Office of Juvenile Justice and Delinquency Prevention (OJJDP). Read the recommendations here:

<http://www.nationalcac.org/professionals/images/stories/pdfs/interdisciplinary%20response%20to%20youths%20sexting.pdf>.

### Status of America's Well-being of Children

Find national data and state-by-state data and rankings on 10 key indicators of child well-being. The *KIDS COUNT Data Book* provides the best data available on children and families in the nation. To locate the report, download the *2010 KIDS COUNT Data Book* here: <http://datacenter.kidscount.org/DataBook/2010/Default.aspx>.

### With Art, Students Express Unspeakable Anxieties

"If you're a ninth-grader, you don't want to talk about gangs, about violence in school," said Shonda Huery, Boston public schools' assistant chief academic officer, who spearheaded the curriculum. "Because these instructors are so close in age, they are able to create a safe haven for the students, to say, 'It's OK, let's talk about these issues.'" Read the article at:

[http://www.boston.com/news/education/k\\_12/articles/2010/08/04/with\\_art\\_students\\_express\\_unspeakable\\_anxieties/](http://www.boston.com/news/education/k_12/articles/2010/08/04/with_art_students_express_unspeakable_anxieties/).

### Peer-Review Study On Violence Prevention & Intervention Employing Outreach Workers

A new study by researchers at the Johns Hopkins Center for Injury Research and Policy describes how using street outreach workers is an effective strategy to reach and engage youth with the goal of violence prevention and intervention. See the details at: <http://www.medicalnewstoday.com/articles/198541.php>.

### National Prescription Drug Take-back Campaign

As you know, prescription drugs are being misused and abused at alarming rates throughout the United States. As part of our efforts to address this problem, DEA will be collecting potentially dangerous expired, unused, and unwanted prescription drugs for destruction at sites nationwide on **Saturday, September 25th from 10 a.m. to 2 p.m. local time**, all over the United States. The service is free and anonymous, no questions asked. Collection sites can be found by going to the link found at <http://www.getsmartaboutdrugs.com/>, or <http://www.justthinktwice.com/>.

### School Health: Resource Brief

Assembled by the Maternal and Child Health Library at Georgetown University, is a database of organizations and topics related to school health. The resources include topics such as abstinence education, pregnancy prevention, bullying, overweight children and adolescents, and many more. View at:

<http://www.mchlibrary.info/guides/schoolhealth.html>.

### Inspired 2 Impact

Inspired 2 Impact! (i2i) is an online resource and social network for students aged 8 to 22 years old to find volunteer opportunities, track and verify their hours, build an online service resume for scholarship, college and job applications, while sharing their stories and impact with their peers around the country via videos and Facebook-type cause walls. In addition to benefiting the students, Inspired 2 Impact allows schools to track the students' hours and help manage the process of verifying service hours more efficiently. Through its partnership with nonprofit organizations, the site allows schools to connect with nonprofits working on issues that resonate with the students. Check out Inspired 2 Impact at: <http://www.inspired2impact.org/>.

### Giving Point Provides Youth with the Tools to Drive Social Change

GivingPoint, a new nonprofit based in Georgia, combines innovative technology, social networking, meaningful service and fellowship programs to help youth get fully engaged in their communities. The site provides youth with a variety of resources, such as online fundraising pages, service hour trackers, forums to share their stories, and grant opportunities. For more information, check out: <http://www.mygivingpoint.org/>.

### US News and World Report Releases List of Top Universities and Colleges for Service-Learning

US News and World Report, the online periodical that publishes annual rankings of universities and colleges from around the world, released their list of schools in the United States with the best service-learning programs. To see the complete listing, please visit: <http://colleges.usnews.rankingsandreviews.com/best-colleges/service-learning-programs>.

## Funding/Contest Opportunities:

### Allstate Foundation Grants

**Thanks to a partnership with The Allstate Foundation, SAVE is conducting special activities and events focusing on Teen Safe Driving in the 2010-2011 school year for selected high schools in most areas of the country. If you are aware of schools interested in receiving grant funds, please contact the SAVE office.**



### WaysToHelp.org Grants (Deadline: Ongoing)

WaysToHelp.org invites teens in the United States to apply for grants to fund their community service ideas across any one of 16 issue areas. You can apply for a grant by visiting [www.waystohelp.org](http://www.waystohelp.org) and for any issue area, selecting "See Ways To Help" followed by "Apply for a Grant." Applications are short - just 5,000 words or less - and should summarize: how the project will involve others, who it will help, what effect it's expected to have, when it will start, and how the funds will be used. Grant requests are reviewed and responded to on a monthly basis.

### Nestle Drumstick Heroes Contest (Deadline: September 15)

Nestle will highlight exceptional youth in communities across the country with the Drumstick Heroes contest. Fifty children between the ages of 6 and 17 are eligible to win a summer celebration package, complete with enough Nestle Drumstick Sundae Cones for a party of 50 friends. To nominate an outstanding child or teen, submit the completed entry form, along with a short story (150 to 300 words) describing why the individual deserves to be honored as a Drumstick Hero. All entries must be received by September 15, 2010. For details on this opportunity, please visit [www.drumstick.com/promotions/heroes.aspx](http://www.drumstick.com/promotions/heroes.aspx).

### Youth Change Maker Award (Deadline: September 17)

Operation REACH's Gulfsouth Youth Action Fund, a youth philanthropy initiative that engages youth as leaders and empowers them with the resources to make strategic investments in their peers and their communities, is seeking nominations for the 2010 Youth Change Maker Awards. These prestigious awards honor outstanding young people, ages 7 through 25, who have shown exemplary leadership in



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We're on the Web!  
[www.nationalsave.  
org](http://www.nationalsave.org)

recovery, education, entrepreneurship, and community service initiatives in the GulfSouth region. Self-nominations are accepted. Finalists will be recognized and winners announced during the Youth Change Maker Awards Dinner on October 16, 2010 in New Orleans. Each Youth Change Maker Award recipient will be honored with a \$500 donation to a non-profit organization or project of his or her choice. The deadline for nominations is September 17, 2010 at 5:00pm. Forms can be downloaded at [www.operationreach.org](http://www.operationreach.org).

#### **UnitedHealth HEROES (Deadline: October 22)**

UnitedHealth HEROES is a service-learning, health literacy initiative designed to encourage young people, partnering with schools and nonprofits, to create and implement local hands-on programs to fight childhood obesity. Educators, nonprofit leaders, and students are encouraged to apply for grants of up to \$1,000 to engage youth in all 50 states and the District of Columbia. Youth participants raise awareness around their work by culminating their service projects on Global Youth Service Day (GYSD), April 15-17, 2011, an international day of service that occurs in all 50 states and in more than 100 countries. Applications must be submitted online before midnight October 22, 2010. Grant recipients will be notified in December and January. To obtain an application, visit: [www.YSA.org/HEROES](http://www.YSA.org/HEROES).

#### **Bring SPEAK UP to your school (Deadline: October 23)**

This school year, PAX wants to make sure that every school has the opportunity to bring SPEAK UP's life saving hotline and message to its students. To help schools and school districts that may have tighter budgets, they are offering special discounts, including a matching program. These discounts will be available until National Safe Schools Week in October 2010. For more information, email PAX at: [speakup@paxusa.org](mailto:speakup@paxusa.org), by October 23, 2010.



