

e-SAVE SOURCE

Youth Voices...Grown-Up Choices!

National Association
of Students Against
Violence Everywhere

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Internet Safety

2010 - 2011 NATIONAL SAVE AWARD WINNERS ANNOUNCED!



SAVE Student of the Year: Jessica Weber

Jessica Weber, a sophomore at Cuthbertson High School (Waxhaw, NC), was recognized as the SAVE Student of the Year by the National Association of SAVE for her youth safety and violence prevention efforts. Congratulations Jessica on making a difference!

"Jessica single-handedly started our school's SAVE Chapter. In the spring of 2010, Jessica took part in a presentation

on domestic violence, and at the end of it, came to me and said 'I've never been a victim, but nobody deserves to be. How can I help?'" stated Leah Ross, Cuthbertson's SAVE Chapter advisor. "From there, she researched clubs relating to violence prevention and chose the one she felt fit our community's needs the best; even organizing toy and blanket drives for the local child abuse center over her summer holiday. Since she started this club last fall, Jessica has done all of the recruiting and it has grown to almost a dozen dedicated members, and dozens more have been affected by her dedication and commitment to the cause. Jessica is the heart and soul of this club and she is only a sophomore in high school; we are already recruiting members for the next school year and have planned summer events to keep the momentum going strong."

Honorable Mention: Michelle Gay

Michelle Gay, a junior at Chapel Hill High School, was recognized by the National Association of SAVE with an honorable mention for the 2010-2011 National SAVE Student of the Year Award. "Michelle has been a very active SAVE Member for the past 3 years. This year she's served as our chapter President and led us in a number of fun and successful activities. She sets a great example for the younger chapter members through her positive attitude, sense of humor, hard work and dedication to SAVE," stated Jim Wise, Chapel Hill High School's SAVE advisor. "Michelle is one of the most kind and thoughtful students that I have dealt with over the years.

She has time to listen to and support her peers, and she possesses a strong moral compass that helps her to make great decisions and helps encourage others to do the same. Through Michelle's leadership, ideas and enthusiasm, our chapter has been able to accomplish awareness campaigns on several important issues."



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UPCOMING EVENTS

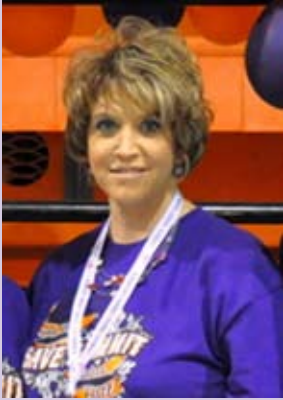
DATE	EVENT	MORE INFO
JUNE 20-22	NATIONAL CENTER FOR VICTIMS OF CRIME 2011 NATIONAL CONFERENCE CAPITOL HILL, WASHINGTON, D.C.	www.certain.com/system/profile/web/index.cfm?PKWebId=0x2425938a42
JUNE 26 - JULY 1	NATIONAL ASSOCIATION OF SCHOOL RESOURCE OFFICERS (NASRO) 2011 21ST ANNUAL SCHOOL SAFETY CONFERENCE ORLANDO, FL	http://www.nasro.org/mc/page.do;jsessionid=5F3906C1A7C3545C493AD28978898D19.mc1?sitePageId=115971
JULY 17-22	32ND ANNUAL FLORIDA ASSOCIATION OF SCHOOL RESOURCE OFFICERS (FASRO) TRAINING CONFERENCE ORLANDO, FL	http://www.fasro.net/
JULY 17-22	18TH ANNUAL NC ASSOCIATION OF SCHOOL RESOURCE OFFICERS (NCASRO) TRAINING CONFERENCE ORLANDO, FL	http://www.ncasro.org/id5.html
JULY 19-20	BULLYING, CYBERBULLYING AND SEXTING PROFESSIONAL DEVELOPMENT WEBINAR ONLINE	https://docs.google.com/viewer?a=v&pid=explorer&chrome=true&srcid=0B2vki1BLj7v0DJZDU5ZTEtMTE3Ni00ZJEOLtk2MDMtMTU3NjY4Yzg1Zjg0&hl=en_US&authkey=CK381JsE
AUGUST 1-5	6TH ANNUAL 2011 NATIONAL SCHOOL SAFETY CONFERENCE PHOENIX, AZ	http://www.schoolsafety911.com/event.html
AUGUST 8-10	U.S. DEPARTMENT OF EDUCATION - MAKING THE CONNECTION: CREATING AND MAINTAINING CONDITIONS FOR LEARNING NATIONAL HARBOR, MD	http://osdfs.dgimeetings.com/Home.aspx



Kayce's Mom Honored: **SAVE Board of Director's Meeting**

Sabrina Steger is Kayce's Mother. On December 1, 1997, Kayce became an "Angel Too Soon" when she was gunned down at a student led prayer meeting by a fellow student at Heath High School in Paducah, Kentucky. Since her daughter's death, Sabrina has done everything in her power to help this nation find answers for such mindless violence. She has testified before the United States Congress and has appeared on almost every talk show on television. Sabrina has also served as a Parent Representative on SAVE's Board of Directors for the past ten years.

Sabrina was honored at the recent SAVE Board of Director's meeting for her year's of service and ongoing advocacy for youth violence prevention. Her dedication, selflessness and willingness to speak out when violence threatens is appreciated. If your SAVE Chapter is interested in having Sabrina speak at an upcoming event, please contact the SAVE office. As a spokesperson for SAVE, a nurse, and a fire fighter, Sabrina brings experience and emotion to the reality of youth violence.



SAVE ADVISOR OF THE YEAR: KATRINA REYNOLDS

SAVE has announced that Ms. Katrina Reynolds, Advisor of the Ira High School SAVE Chapter, was named the 2010-2011 National SAVE Advisor of the Year. "I have been a SAVE member for three years now, and I have no idea where we would be without Ms. Reynolds," stated Kyrstin Baker, Ira SAVE member. "The SAVE group started with her and three of my other fellow schoolmates. Ms. Reynolds knew that this program would open up so many doors for students and keep them out of trouble. The

group is now fourteen people strong and still growing. J.P. Wilson, who is a part of the National SAVE Youth Advisory Board tells people all of the time – including myself, that he could not have gotten that far without Ms. Reynolds' help and encouragement. She's helped all of us grow into leaders who are ready to share the message that our group stands for now, and in the future. She has made such an impression on my life, and I can't thank her enough for everything she's helped us with in our group. Ms. Reynolds is one of those people that go the extra mile for someone and has one of the sweetest hearts a person can have. She pushes us to be more involved in school and the community and encourages us to do everything we set our minds to."

"When you hear Katrina Reynolds, the SAVE Advisor of Ira, talk about SAVE, you can see on her face how much she believes in this group," stated Cindy Josey, Licensed Paramedic/Supervisor for local EMS agency. "In the last four years this group has done so much for the community and its school. This could not have happened without the positive impact of a leader like her. She is so energetic with the kids and is interested in what they are doing and making it their program. The group did a special Christmas drive for the local Gateway services, a temporary home for abused women and children. They purchased gifts for the children and mothers and food items for the shelter. Ira SAVE also volunteers with Meals on Wheels once a month. Katrina organized the first West Texas SAVE Summit. Surrounding schools were invited to learn about SAVE and start their own chapters. Ira SAVE conducts a project every month. They adopted a family that had been touched by violence and gave them a backyard makeover. The youngest boy in the family suffers from a traumatic brain injury and wasn't able to make it out to the backyard unless he was carried. The chapter collected enough donations for handicap accessible toys, a sand box, swings, a ramp with a porch, and a new patio door so that he and his brothers could play safely. These are just to name a few."



SAVE CHAPTER OF THE YEAR: SHENANDOAH HIGH SCHOOL

SAVE has announced that Shenandoah High School SAVE Chapter was recognized by the National Association of Students Against Violence Everywhere (SAVE) for its youth safety and violence prevention efforts. The 2010-2011 National SAVE Chapter of the Year Award was awarded to Shenandoah High School (SHS) SAVE for outstanding performance and lasting contributions to its school, community, and fellow students, and for exemplifying the ideals of SAVE.

"The direct, positive impact of the students serving on the SHS SAVE Chapter has been evident through their enthusiasm and in the knowledge they have gained and shared with others," stated Susana Mayfield, SHS SAVE Chapter Advisor. "The students have been exposed to a wide variety of teen/school safety topics and have been tasked with setting a positive example for others. Since our SAVE Chapter's inception on January 2, 2011, our group has met on a weekly basis to participate in school safety related activities, and to plan and coordinate future activities and events. Highlights include: Teen Truth Bullying video and activities; field trip to a local organization: The Center for Violence Free Relationships; video and discussion on teen driving and texting; planning and organizing a SAVE awareness day event with a focus on an X the TXT campaign; a School/Teen Safety poster contest, etc. During our meetings, each SHS SAVE member has been an active, serious participant; they understand the importance and significance of the work that they are doing. Our group is diverse and everyone brings an individual strength, making our chapter highly energetic, creative and successful."

SAVE Question of the Month:

Please share the SAVE Question of the Month with your SAVE members. The Youth Voices section of the web is a place for students to ask questions and get responses from SAVE members across the country.

June QoM: *"Since many schools are out for the summer, students will be on the Internet more frequently. How can you protect yourself from a Cyberbully?"*

Please send your responses to: forum@nationalsave.org

Check out: <http://www.nationalsave.org/forum/index.php> to see your response posted!





Beth's Blog: 2010 SAVE Advisor of the Year - Beth Scheirer, Laney High School (NC)

Have you checked out the SAVE Facebook page yet? If you haven't, go check us out now! Our Facebook page and the SAVE website (www.nationalsave.org) are great places to find information about upcoming events related to violence prevention and the National SAVE organization. These are also great places to get connected with other SAVE members.

But what about some other websites on the internet? Are all cyber locations safe? This month's focus is internet safety. The internet allows us to have any type of information we need at our fingertips. We can talk to people all across the world for free, listen to music, and get updates on our favorite sports figures or Hollywood stars all within seconds! It is seriously amazing when you think about it, isn't it?

We must remember that being online is an awesome privilege. Like most privileges in life, utilizing this privilege requires a great deal of responsibility. It is critical that internet users are extremely careful when online. Just a few tips to remember: Make sure to never give out personal information such as your name, address (home and email), telephone number, and school name or reveal things about others that might get them into trouble. Never meet with anyone in person that you first met online, don't share passwords with people, and make sure to think before posting or sending photos. Above all, be respectful of others in all your interactions online and be aware of potential dangers.

SAVE chapters should get involved in educating peers, parents, teachers, and other community members about the importance of being safe when using the internet. Partner with the local police station and/or local internet providers to hold an internet safety community forum covering topics such as cyberbullying or cyberstalking. Write articles for the school newspaper covering important tips for safe internet usage such as making sure to use privacy settings to block unwanted communication and change passwords often. I challenge you to come up with other creative ways to ensure people in your community are using the internet safely.

Finally, I can hardly believe I have been writing Beth's Blog for almost a year! I have been honored to serve as the National SAVE Advisor of the Year and am now honored to hand the reigns over to the newly selected National SAVE Advisor of the Year Katrina Reynolds from Ira High School in Ira, Texas. I look forward to reading her newsletter articles in the year to come and thank all the readers for taking the time to read! If I can be of assistance to you in any way, please feel free to contact me at: beth.scheirer@nhcs.net, 910-350-2089 ext. 439.



YABer Yak: National Youth Advisory Board Member Casey Story ~ Garner Magnet High School (NC)

I wanted to start off by saying as I am retiring from Chair as the Youth Advisory Board, that the past four years as a YABer have helped me grow more than I could imagine. It has shown me not only the potential I now see in myself, but in every young person who believes they can make a difference. No one is too young to change the world, one life at a time, one school at a time. After 7 years working with SAVE, I know graduating high school is not the end of my work.

Non-violence prevention does not have a quick solution, and I will continue to do all I can to make schools and communities safer. A place to start is the internet. This month's focus is internet safety. As cyber bullying is becoming a major problem, internet safety courses are a great idea to introduce to your school. Students can learn not only how to report internet abuse to the authorities, but keep their information private. The Laney High School SAVE Chapter created a Cyberbullying brochure that you can download here: <http://www.nationalsave.org/PDF/CyberbullyingFlyer2.pdf> The following are tips from their brochure. Hope everyone has a safe summer!



How to protect yourself on the Internet:

- **Keep personal information private.**
- **Only add friends you know personally to your blog or page.**
- **Use nicknames that don't identify your location, gender, or age.**
- **Never meet with anyone in person that you first met online.**
- **Alter pictures before you post them to remove identifying information.**
- **Profile and photo share only with people on your friends list.**
- **Don't post your plans or whereabouts.**

Prevention Resources:

Mix It Up at Lunch

For nearly a decade, thousands of schools across the country have embraced Mix It Up at Lunch, which is designed to reduce prejudice and improve intergroup relations. Mix It Up encourages students to break out of their normal social circles and make new friends. It's easy to organize—Teaching Tolerance provides everything you need online. You'll find free resources, lessons and activities. They will help students identify, question and cross social boundaries at your school. At its core, Mix it Up at Lunch Day is a simple call to action, asking students to move out of their comfort zones and connect with someone new. The results can be profound. As one teacher described it, "This is a truly magical day." Join the magic. Mark October 18 on your calendar as the next Mix It Up at Lunch Day. And put your school on the Mix It Up Map starting in the fall. <http://www.tolerance.org/mix-it-up>

UNITY Fact Sheets on Violence Linkages

Urban Networks to Increase Thriving Youth (UNITY) just released three fact sheets on the links between violence and 1) chronic illness, 2) mental health, and 3) learning. They make the case that violence undermines the efforts of multiple sectors and that preventing violence should be integrated into the work of these sectors. www.preventioninstitute.org

SAMHSA Releases School Toolkit for Suicide Prevention

The Substance Abuse and Mental Health Services Administration's Suicide Prevention Research Center has released, "After a Suicide: A Toolkit for Schools." The toolkit describes common warning signs and causes of suicide, provides best practices on suicide prevention in schools, and provides information about how a school should respond when a suicide has occurred. Topics include crisis response, helping students cope, working with the community, social media, bringing in outside help, and more. The toolkit is free. <http://www.sprc.org/AfteraSuicideforSchools.asp>

Bullying, Cyberbullying and Sexting Professional Development Webinar

The Prae Group, in conjunction with Ashland University is proud to offer a Bullying, Cyberbullying and Sexting Professional Development Webinar. The course is completely web-based, and is open to EVERYONE: educators, administrators, staff, law enforcement, social workers, parents, etc. <http://bit.ly/bully-flyer>

Findings on Serious Adolescent Offenders

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) released a fact sheet detailing findings from a study following serious adolescent offenders into early adulthood. The Pathways to Desistance Study is a large collaborative, multidisciplinary project that is following 1,354 serious juvenile offenders ages 14–18 for 7 years after their conviction. This study has collected the most comprehensive data set currently available about serious adolescent offenders and their lives in late adolescence and early adulthood. The study looks at the factors that lead youth who have committed serious offenses to continue or desist from offending, including individual maturation, life changes, and involvement with the criminal justice system. <http://www.ojp.gov/justiceresourceupdate/april2011/index.htm>

Funding/Contest Opportunities:

Allstate Foundation Mini Grants Available for Teen Safe Driving Activities!

Many schools and community agencies are planning activities to encourage Teen Safe Driving during key times including back to school, America's Safe Schools Week, holidays, National Youth Violence Prevention Week, National Youth Traffic Safety



Month, Prom and Graduation. The National Association of Students Against Violence Everywhere (SAVE) has mini grants available for schools and community agencies who are conducting activities this fall in the following states: AK, DC, DE, HI, ID, MD, NC, OR, TX, VA, WA, and WV. Mini grants range from \$500 - \$1,000 and include educational items, materials, Teen Safe Driving Toolkits and a free SAVE Chapter affiliation.

For a very brief (less than 2 pages) grant application, contact: info@nationalsave.org

Best Buy Community Grants

(Deadline: August 1)

Best Buy teams across the U.S. select non-profit organizations that provide positive experiences to help teens to excel in school and develop life and leadership skills. Non-profits located within 50 miles of a Best Buy store or Regional Distribution Center may apply. Grants will average \$4,000-\$6,000 and will not exceed \$10,000. http://www.bestbuy-communityrelations.com/community_grants_rfp.htm

Be Big In Your Community Contest

(Deadline: June 17)

Scholastic's Be Big Fund will help bring the winning BIG Idea that helps make your community a better place to live with help from Clifford, HandsOn Network and American Family Insurance. Awards include 1 \$25,000 Grand Prize honoree, 10 \$2,500 first place honorees and 19 \$1,315 second place honorees will be selected. Be Big Fund prizes must be used to implement the winning proposals. <http://www.scholastic.com/cliffordbebig/contest/>

American Dream Photo Contest

Deadline: July 4

To enter, anyone can upload two original pictures - one of their American Dream and one of their American Reality. Youth will then share their personalized link via Twitter and Facebook, sparking a dialogue with their friends and peers across the country surrounding their American Dream. The entry with the most 'likes' and 'shares' will have a chance to win great prizes, including a new Wifi iPad2 or a trip for two to the Opportunity Nation national summit in New York City this November! <http://www.opportunitynation.org/pages/american-dream>